ACOG/ACMG Carrier Screen: Targeted Mutation Panel

Test Code: MM580
Turnaround time: 2 weeks
CPT Codes: 81200 x1, 81209 x1, 81220 x1, 81242 x1, 81251 x1, 81255 x1, 81260 x1, 81290 x1, 81330 x1, 81400 x1

Condition Description

Test components:

- Carrier screening for cystic fibrosis as recommended by the American College of Medical Genetics (ACMG) and the American Congress of Obstetricians and Gynecologists (ACOG)
- Carrier screening for four conditions (Tay-Sachs, Canavan disease, cystic fibrosis, and familial dysautonomia) common to those of Ashkenazi Jewish descent, as recommended by ACOG, and five additional conditions (Bloom syndrome, Fanconi anemia type C, Gaucher disease, Niemann-Pick type A, and Mucolipidosis IV), as recommended by ACMG
- Carrier screening for spinal muscular atrophy (SMA) as recommended by ACMG

Click [here](#) for a complete list of mutations.

With the utilization of next generation sequencing, carrier screening panels have been expanding to cover more and more conditions over the last five years. Although 47% of physicians note patients requesting this expanded testing, 37% of physicians prefer to only offer testing recommended by the professional societies.¹ To address this need, the ACOG/ACMG Carrier Screen was developed. This screen only incorporates conditions specifically recommended by at least one of these societies.

This panel is available as full gene sequencing or targeted mutation analysis. EGL also offers single-gene sequencing for all genes on the panel, which may be utilized to more completely screen partners of positive carriers.

Although a positive test result should not affect the health of the individual, she could be at a 25% risk for passing that condition on to her children depending on the carrier status of the partner. In addition to the specific pathogenic variants identified by the panel, Emory Genetics Laboratory also offers single-gene, full gene sequencing for genes on the panel, which can be utilized to screen partners of positive carriers. Knowing about these risks ahead of time can help couples make decisions about testing options prior to and during pregnancy, and can help healthcare providers be more readily prepared to offer appropriate follow-up care at delivery.

Please note that ACMG is not opposed to expanded carrier screening as long as the clinical implications of the condition and mutations are known, adult-onset and mild or incompletely penetrant diseases are limited, meaningful risks can be calculated, and proper consent is available.²

<table>
<thead>
<tr>
<th>Condition Description</th>
<th>Gene</th>
<th>Mutations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bloom Syndrome</td>
<td>BLM</td>
<td>2281del6ins7*, 2407insT, Q645X, Q700X, R899X</td>
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<tr>
<td>Canavan Disease</td>
<td>ASPA</td>
<td>433-2A&gt;G, Y231X*, A305E, E285A*</td>
</tr>
<tr>
<td>Cystic Fibrosis</td>
<td>CFTR</td>
<td>142 mutation panel including 23 ACMG recommended mutations (see below)</td>
</tr>
<tr>
<td>Familial Dysautonomia</td>
<td>ELP1</td>
<td>CR548X, Q13X, R185X, L554P</td>
</tr>
<tr>
<td>Gaucher Disease Type 1</td>
<td>GBA</td>
<td>84GG*, del55bp, IVS2+1G&gt;A*, D409H, D409V, L444P*, N370S*, R463C, R463H, R496H, V394L</td>
</tr>
<tr>
<td>Fanconi Anemia Type C</td>
<td>FANCC</td>
<td>322delG, IVS4+4A&gt;T*, R548X, Q13X, R185X, L554P</td>
</tr>
<tr>
<td>Mucolipidosis Type IV</td>
<td>MCOLN1</td>
<td>Exon1 - Exon7del (Del6.4kb)<em>, IVS3-2A&gt;G</em></td>
</tr>
<tr>
<td>Spinal Muscular Atrophy</td>
<td>SMN1</td>
<td>Gene dosage</td>
</tr>
</tbody>
</table>

*Testing for these mutations is recommended by the American College of Medical Genetics (ACMG). [Genet Med](#) 2008:10(1):54-56.

Click [here](#) for a complete list of CFTR mutations.

References:


Genes

[ASPA], [BLM], [CFTR], [ELP1], [FANCC], [GBA], [HEXA], [MCOLN1], [SMN1], [SMPD1]

Indications
This test is indicated for:

- Individuals or couples seeking to assess reproductive risk for a variety of conditions.
- Individuals or couples of high-risk ethnic groups or backgrounds.

**Methodology**

**Next Generation Sequencing:** In-solution hybridization of the regions encompassing the targeted pathogenic variants is performed on the patient’s genomic DNA. Direct sequencing of the captured regions is performed using next generation sequencing. The patient's gene sequences are then compared to a standard reference sequence. Only known pathogenic variants will be reported.

**Spinal Muscular Atrophy (SMA) Testing:** 
- SMN1 gene deletions were quantified by multiplex ligation polymerase chain reaction amplification (MLPA) of exons 7 and 8.
- Gene dosage ratios of SMN1 are calculated relative to the average of 16 reference loci and are expressed as gene dosage, and/or copy number. Diploid gene dose or 2 copies of SMN1 indicates normal (not affected) status, 1x gene dosage or 1 copy of the SMN1 gene most likely indicates carrier status and deletions (less than 0.1x) of SMN1 or 0 copies of the SMN1 gene designates affected status. This carrier assay tests for the common SMN1 deletion only; other pathogenic variants will not be detected. SMN2 copy number is not assessed.

**Reference Range**

**Specimen Requirements**

Submit only 1 of the following specimen types

**Type: Saliva**

Specimen Requirements:

Oragene™ Saliva Collection Kit.

Specimen Collection and Shipping: Store sample at room temperature. Ship sample within 5 days of collection at room temperature with overnight delivery.

**Type: Whole Blood**

Specimen Requirements:

In EDTA (purple top) tube:
- Infants (2 years): 3-5 ml
- Older Children & Adults: 5-10 ml

Specimen Collection and Shipping: Ship sample at room temperature with overnight delivery.

**Type: Isolated DNA**

Specimen Requirements:

In microtainer: 60 ug

Isolation using the Qiagen™ Puregene kit for DNA extraction is recommended.

Specimen Collection and Shipping: Refrigerate until time of shipment in 100 ng/ul of TE buffer. Ship sample at room temperature with overnight delivery.

**Related Tests**

- ACOG/ACMG Carrier Screen: Gene Sequencing Panel
- Pan-Ethnic Carrier Screen: Targeted Mutation Panel
- Ashkenazi Jewish Carrier Screen: Targeted Mutation Panel