### STAT: Amino Acid Profile, Plasma

<table>
<thead>
<tr>
<th>Test Code:</th>
<th>BAAST</th>
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<tbody>
<tr>
<td>Turnaround time:</td>
<td>1 day (Turn around time is 4 hrs to 1 day from date and time of receipt at EGL)</td>
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<tr>
<td>CPT Codes:</td>
<td>81479 x1, 82139 x1</td>
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#### Condition Description

Plasma amino acid analysis will detect specific amino acid disorders such as phenylketonuria (PKU), maple syrup urine disease (MSUD), urea cycle defects, non-ketotic hyperglycinemia, and homocystinuria. Quantitative analysis of amino acids can also be performed to monitor established patients diagnosed with metabolic disorders. Plasma amino acid values are compared to age-matched normal values.

#### Indications

This test is indicated in the case of:

- Patients experiencing a metabolic crisis.
- Evaluation of patients with signs of a possible metabolic condition, such as lethargy, vomiting, and failure to thrive.
- Monitoring known metabolic patients who have been hospitalized and for which a rapid analysis is essential.
- Infants with a positive newborn screening result indicative of a metabolic disorder.

#### Methodology

Quantitative ion exchange chromatography, reported as micromoles/L.

#### Detection

This test is very sensitive for specific amino acid disorders, but detection can also be sensitive to the clinical and nutritional status of the patient.

#### Specimen Requirements

**Type**: Plasma

Specimen Requirements:

- In sodium heparin (green top) tube: 1-2 ml
- Sample should be collected while fasting or 2-4 hours postprandial.
- Centrifuge to separate plasma and freeze.

Specimen Collection and Shipping: Ship frozen sample on dry ice with overnight delivery.

#### Special Instructions

Please indicate any medications or dietary changes on the test requisition form.

**STAT TESTING MUST BE COORDINATED WITH AND PREAPPROVED BY ONE OF THE DIRECTORS IN THE BIOCHEMICAL GENETICS LABORATORY. Please call 855-831-7447.**

#### Related Tests

- STAT Organic Acids Quantitative Analysis (BOAST)
- STAT Acylcarnitine Profile (BARST)