**ZMPSTE24-related Disorders: ZMPSTE24 Gene Deletion/Duplication**

**Test Code:** DZMPS  
**Turnaround time:** 2 weeks  
**CPT Codes:** 81228 x1

### Condition Description

Mutations in the **ZMPSTE24** gene (1q24) can cause lethal restrictive dermopathy or mandibuloacral dysplasia.

**Lethal Restrictive Dermopathy**

Lethal restrictive dermopathy is an autosomal recessive type of fetal akinesia or hypokinesia deformation sequence (FADS). FADS is characterized by intrauterine growth retardation, congenital limb contractures, pulmonary hypoplasia, craniofacial abnormalities, and hydramnios. In lethal restrictive dermopathy, premature delivery and neonatal death are preceded by a reduction in fetal movement or fetal immobility. Additional features include thin, translucent, tightly adherent skin with prominent vessels, characteristic facies, bone mineralization defects, and an enlarged placenta with a short umbilical cord. Histologically, skin abnormalities include thin dermis and abnormally dense collagen bundles with absent elastic fibers.

Mutations in the **ZMPSTE24** gene (1q24) or the **LMNA** gene can cause lethal restrictive dermopathy.

The **ZMPSTE24** protein is involved in processing of the Lamin A protein precursor. In individuals with **ZMPSTE24** mutations, abnormal **ZMPSTE24** and Lamin A proteins can be seen. Please note that this test is only for the **ZMPSTE24** gene.

**Mandibuloacral Dysplasia**

Mutations in the **ZMPSTE24** gene and the **LMNA** gene also cause mandibuloacral dysplasia (MAD). MAD is an autosomal recessive heterogeneous progeroid syndrome. Features include craniofacial anomalies such as mandibular hypoplasia, dental overcrowding, bird-like faces, and thin beaked nose; skeletal anomalies; skin anomalies; stiff joints; post-natal growth delay; lipodystrophy; and normal intelligence. Individuals with MAD caused by mutations in the **ZMPSTE24** gene tend to have a more severe phenotype than those with mutations in the **LMNA** gene. Many of the features appear before the age of 2 and are progressive. As is the case in lethal restrictive dermopathy, MAD due to **ZMPSTE24** mutations causes abnormal unprocessed Lamin A protein to accumulate.

Please note that this test is only for the **ZMPSTE24** gene.

For patients with suspected **ZMPSTE24**-related disorders, sequence analysis is recommended as the first step in mutation identification. For patients in whom mutations are not identified by full gene sequencing, deletion/duplication analysis is appropriate.

### References

- OMIM #600480: ZMPSTE24 gene  
- OMIM #275210: Lethal Restrictive Dermopathy  
- OMIM #608612: MAD

### Genes

**ZMPSTE24**

### Indications

This test is indicated for:

- Confirmation of a clinical diagnosis of **ZMPSTE24**-Related disorders in an individual in whom sequence analysis was negative.  
- Carrier testing in adults with a family history of **ZMPSTE24**-Related disorders in whom sequence analysis was negative.

### Methodology

DNA isolated from peripheral blood is hybridized to a CGH array to detect deletions and duplications. The targeted CGH array has overlapping probes which cover the entire genomic region.

Please note that a "backbone" of probes across the entire genome are included on the array for analytical and quality control purposes. Rarely, off-target copy number variants causative of disease may be identified that may or may not be related to the patient's phenotype. Only known pathogenic off-target copy number variants will be reported. Off-target copy number variants of unknown clinical significance will not be reported.

### Detection

Detection is limited to duplications and deletions. The CGH array will not detect point or intronic mutations. Results of molecular analysis must be interpreted in the context of the patient's clinical and/or biochemical phenotype.

### Specimen Requirements
Submit only 1 of the following specimen types

* Preferred specimen type: Whole Blood

**Type: Whole Blood**

Specimen Requirements:

In EDTA (purple top) tube:
- Infants (2 years): 3-5 ml
- Older Children & Adults: 5-10 ml

Specimen Collection and Shipping: Refrigerate until time of shipment. Ship sample within 5 days of collection at room temperature with overnight delivery.

**Type: Saliva**

Specimen Requirements:

Oragene™ Saliva Collection kit (available through EGL) used according to manufacturer instructions.

Specimen Collection and Shipping: Store sample at room temperature. Ship sample within 5 days of collection at room temperature with overnight delivery.

**Special Instructions**

Sequence analysis is required before deletion/duplication analysis by targeted CGH array. If sequencing is performed outside of EGL Genetics, please submit a copy of the sequencing report with the test requisition.

**Related Tests**

- Sequence analysis of the **ZMPSTE24** gene is available and is required before deletion/duplication analysis.
- Custom diagnostic mutation analysis (KM) is available to family members if mutations are identified by targeted mutation testing or sequencing analysis.
- Prenatal testing is available only for known familial mutations to individuals who are confirmed carriers of mutations. Please contact the laboratory genetic counselor to discuss appropriate testing prior to collecting a prenatal specimen.