**MUTYH-Associated Polyposis: MUTYH Gene Sequencing**

**Test Code:** QV  
**Turnaround time:** 4 weeks  
**CPT Codes:** 81406 x1

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**Condition Description**

*MUTYH*-associated polyposis (MAP) results from mutations in the *MUTYH* gene. MAP is an autosomal recessive disorder characterized by the development of multiple adenomatous polyps in the colon, stomach, or duodenum and an increased risk for cancer. This accounts for a proportion of patients with a clinical diagnosis of familial adenomatous polyposis (FAP) or attenuated FAP (AFAP) who do not have a detectable *APC* gene mutation. Studies from multiple FAP registries suggest that approximately 7% to 17% of patients with the FAP or AFAP phenotype carry biallelic mutations in the *MUTYH* gene. In these individuals, the polyp burden ranges from only a few to the hundreds typical of classic FAP.

The *MUTYH* gene (1p34.3-1p32.1), also referred to as the *MYH* gene, has 16 exons and is involved in DNA mismatch repair. Although this condition is newly described, some studies have found that 1% of Caucasians will carry one of two common mutations, p.Y179C (previously reported as p.Y165C or p.Y176C) and p.G396D (previously reported as p.G382D or p.G393D), in *MUTYH*. Prevalence of *MUTYH* mutations in other ethnic groups is currently unknown.

Testing of the *MUTYH* gene is recommended in individuals with a suspected clinical diagnosis of FAP or AFAP in whom no *APC* gene mutation was identified. Testing can confirm the presence of mutations in a proband, identify at-risk or carrier individuals among the proband’s relatives, and provide prenatals diagnosis in families with known mutations.

For Caucasian patients with suspected MAP, a common mutation panel is available to test for the two common mutations found in that population. For non-Caucasian patients with suspected MAP, or Caucasian patients with suspected MAP in whom common mutation analysis did not identify two mutations, sequence analysis is recommended as the first or next step in mutation identification. For patients in whom mutations are not identified by full gene sequencing, deletion/duplication analysis is appropriate.

Please [click here](https://www.cancer.gov/patient/Cancer+Types/MYH-Associated+Polyposis) for the National Cancer Institute summary on this condition.

**References:**
- http://www.cancer.net/patient/Cancer+Types/MYH-Associated+Polyposis
- http://www.mtsinai.on.ca/familialgicancer/Diseases/MAP/default.htm


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**Genes**

**MUTYH**

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**Indications**

This test is indicated for:

- Non-Caucasian individuals with a clinical diagnosis of polyposis who do not have a detectable *APC* mutation.
- Caucasian individuals with a clinical diagnosis of polyposis who do not have a detectable *APC* mutation and who test negative for the two mutations common in Caucasians.
- Individuals at-risk for MAP due to family history.
- Carrier testing in adults with a family history of MAP.

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**Methodology**

PCR amplification of 16 exons contained in the *MUTYH* gene is performed on the patient's genomic DNA. Direct sequencing of amplification products is performed in both forward and reverse directions using automated fluorescence dideoxy sequencing methods. The patient's gene sequences are then compared to a normal reference sequence. Sequence variations are classified as mutations, benign variants unrelated to disease, or variations of unknown clinical significance. Variants of unknown clinical significance may require further studies of the patient and/or family members. This assay does not interrogate the promoter region, deep intronic regions, or other regulatory elements, and does not detect large deletions.

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**Detection**

**Clinical Sensitivity:**

The number of individuals with unexplained polyposis who will have biallelic mutations in *MUTYH* identified on sequence analysis is unknown. Data from Aretz et al. shows that the detection rate may vary by the extent and age of onset of polyposis, with 27% detection in individuals with 100+ polyps diagnosed between the ages of 35 and 45.

Mutations in the promoter region, some mutations in the introns, other regulatory element mutations, and large deletions cannot be detected by this analysis.
Analytical Sensitivity: ~99%.

Results of molecular analysis should be interpreted in the context of the patient's clinical presentation and family history.

### Specimen Requirements

Submit only 1 of the following specimen types

* Preferred specimen type: Whole Blood

**Type: Whole Blood**

Specimen Requirements:

- In EDTA (purple top) tube:
  - Infants (2 years): 3-5 ml
  - Older Children & Adults: 5-10 ml

Specimen Collection and Shipping: Refrigerate until time of shipment. Ship sample within 5 days of collection at room temperature with overnight delivery.

**Type: Saliva**

Specimen Requirements:

- Oragene™ Saliva Collection kit (available through EGL) used according to manufacturer instructions.

Specimen Collection and Shipping: Store sample at room temperature. Ship sample within 5 days of collection at room temperature with overnight delivery.

### Special Instructions

Please submit copies of pedigree or other family history information along with the sample. Contact the laboratory if further information is needed. Sequence analysis is required before deletion/duplication analysis by targeted CGH array. If sequencing is performed outside of EGL Genetics, please submit a copy of the sequencing report with the test requisition.

### Related Tests

- **MUTYH-Associated Polyposis: Common Mutation Panel (TW).**
- **MUTYH-Associated Polyposis: MUTYH Gene Deletion/Duplication (QW)** is available for those individuals in whom sequence analysis is negative.
- **Familial Adenomatous Polyposis: APC Gene Sequencing (TV) and Familial Adenomatous Polyposis: APC Gene Deletion/Duplication (QP)** are available for APC-associated polyposis conditions, and may be indicated for individuals with a clinical diagnosis of polyposis who do not have a detectable MYH mutation.
- **Known Mutation Analysis (KM)** is available to family members if mutations are identified by sequencing.
- Prenatal testing is available to couples who are confirmed carriers of mutations. Please contact the laboratory genetic counselor to discuss appropriate testing prior to collecting a prenatal specimen.