Gene Deletion/Duplication 

81228 x1, 81406 x1 respectively --

DCO6P and 

the gene for the alpha3(VI) chain, maps to chromosome 2q37. Mutations in the type VI collagen genes

2 weeks

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authorized in writing by an authorized EGL representative.

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Test Code: DCO6P
Turnaround time: 2 weeks
CPT Codes: 81228 x1, 81406 x1

Condition Description

The congenital muscular dystrophies are a group of genetically and clinically heterogeneous hereditary myopathies characterized by congenital
hypotonia and muscle weakness, contractures, and delayed motor development. Muscle biopsy usually reveals a nonspecific dystrophic pattern. The
clinical course is broadly variable and can involve the brain and eyes. Initial testing often includes clinical evaluation, muscle imaging,
electromyography, and muscle biopsy, followed by targeted genetic testing.

The collagens are a superfamily of extracellular matrix proteins that play a role in maintaining the integrity of various tissues. Collagen VI forms a
microfibrillar network in close association with the basement membrane around muscle cells. Collagen VI is composed of three different peptide chains
alpha1(VI), alpha2(VI), and alpha3(VI). The alpha1(VI) and alpha2(VI) chains are encoded by two genes -- COL6A1 and COL6A2 respectively -- situated
on chromosome 21q22.3. COL6A3, the gene for the alpha3(VI) chain, maps to chromosome 2q37. Mutations in the type VI collagen genes are
associated with Bethlem myopathy and Ullrich congenital muscular dystrophy, which are likely different ends of a clinical spectrum. Mutations are
identified in approximately 66% of individuals clinically affected with Bethlem myopathy and approximately 79% of individuals clinically affected with
Ullrich CMD.

Bethlem Myopathy

Bethlem myopathy (BM) is an autosomal dominant myopathy with contractures. BM is clinically heterogeneous, although the hallmark of this condition is
early contractures of the interphalangeal joints of the fingers, elbows, and ankle joints, together with flexion contractures of the elbow and of the
ankles. Other symptoms can include proximal weakness, decreased fetal movements, congenital torticollis, bilateral clubfeet, and keloid formation. IQ
and brain development are usually unaffected. Onset may be in the neonatal period, childhood, or adolescence, but most children exhibit weakness or
contractures during the first two years of life. Occasionally, spontaneous improvement of muscle weakness and of congenital contractures is noticed in
the first decade. The course is slowly progressive, and after the fifth decade more than half of the patients need aids for ambulation, especially outdoors.

Ullrich Congenital Muscular Dystrophy

Ullrich congenital muscular dystrophy (UCMD) has a more severe phenotype, in general, than BM. Common symptoms include neonatal muscle
weakness, proximal joint contractures, hyperlaxity of the distal joints, failure to thrive, lack of independent ambulation, and severe respiratory
impairments by the end of the first decade of life. Other symptoms can include congenital hip dislocation, torticollis, prominent ears and heels, keloid
formation and follicular hyperkeratosis, scoliosis, and facial weakness. IQ and brain development are usually unaffected. Respiratory failure can lead
to life-threatening infections in the first or second decade of life. UCMD is autosomal recessive in about 40% of cases, and is now known to be
dominant in the other 60% of cases.

Histopathological findings on muscle biopsy for both conditions are either nonspecific or show dystrophic changes and CK levels are either normal or
mildly elevated. Immunoflorescent labeling of collagen VI in fibroblast cultures is a useful diagnostic tool, although double labeling is recommended to
verify that the collagen VI protein that is present localizes correctly to the basement membrane. Expression of laminin alpha 2 (merosin) is normal.

For patients with suspected Bethlem myopathy or Ullrich CMD, sequence analysis is recommended as the first step in mutation identification. For
patients in whom mutations are not identified by full gene sequencing, deletion/duplication analysis is appropriate.

References


Genes

COL6A1, COL6A2, COL6A3

Indications

This test is indicated for:

- Confirmation of a clinical diagnosis of Bethlem myopathy or Ullrich CMD in an individual in whom sequencing analysis was negative.
- Carrier testing in adults with a family history of autosomal recessive Ullrich CMD in whom sequencing analysis was negative.
Methodology

**Deletion/Duplication Analysis:** DNA isolated from peripheral blood is hybridized to a gene-targeted CGH array to detect deletions and duplications. The targeted CGH array has overlapping probes that cover the entire genomic region.

Please note that a "backbone" of probes across the entire genome are included on the array for analytical and quality control purposes. Rarely, off-target copy number variants causative of disease may be identified that may or may not be related to the patient's phenotype. Only known pathogenic off-target copy number variants will be reported. Off-target copy number variants of unknown clinical significance will not be reported.

Detection

**Deletion/Duplication:** Detection is limited to duplications and deletions. The CGH array will not detect point or intronic pathogenic variants. Results of molecular analysis must be interpreted in the context of the patient's clinical and/or biochemical phenotype.

Specimen Requirements

Submit only 1 of the following specimen types

* Preferred specimen type: Whole Blood

**Type: Whole Blood**

Specimen Requirements:

In EDTA (purple top) tube:
- Infants (2 years): 3-5 ml
- Older Children & Adults: 5-10 ml

Specimen Collection and Shipping: Refrigerate until time of shipment. Ship sample within 5 days of collection at room temperature with overnight delivery.

**Type: Saliva**

Specimen Requirements:

Oragene™ Saliva Collection kit (available through EGL) used according to manufacturer instructions.

Specimen Collection and Shipping: Store sample at room temperature. Ship sample within 5 days of collection at room temperature with overnight delivery.

Special Instructions

Submit copies of diagnostic biochemical test results with the sample, if appropriate. Contact the laboratory if further information is needed.

Sequence analysis is required before deletion/duplication analysis by targeted CGH array. If sequencing is performed outside of EGL Genetics, please submit a copy of the sequencing report with the test requisition.

Related Tests

- Full gene sequencing is available for COL6A1, COL6A2, and COL6A3.
- Familial mutation testing is available to family members if mutations are identified by targeted mutation testing or sequencing analysis.
- Prenatal testing is available to couples who are confirmed carriers of mutations. Please contact the laboratory genetic counselor to discuss appropriate testing prior to collecting a prenatal specimen.